



# Arrowhead High School Youth Field Hockey Fall League

Join the AHS field hockey staff and players for a fall league full of skills instruction, drills, and scrimmages!

WHO: Girls entering grades 1<sup>st</sup> through 8<sup>th</sup>

WHEN: Mondays and Wednesdays from 5:30 to 7 PM starting September 8<sup>th</sup> and concluding October 27<sup>th</sup>

WHERE: Arrowhead JV field hockey field

COST: \$50 (includes Arrowhead Field Hockey reversible pinnie for scrimmages)

REQUIRED EQUIPMENT: shinguards (must come to the knee), mouth guard, athletic attire, water; sticks will be available to borrow

**\*\*Sign up is allowed up to the first day of league play!! Checks payable to Arrowhead High School\*\***